

BOTOX AND FILLERS: WHAT CAN A REJUALIFT DO FOR YOU?

Botox and dermal fillers are two safe and reliable products that can be used to improve your aesthetic appearance. Used together, this Rejuvalift gives you almost instant results of a more youthful and rejuvenated face, with little to no downtime. So how do they work? What are the differences between these products? How can they help you achieve the rejuvenated look you seek?

To begin, Botox is a purified protein that is injected into a muscle. The goal of Botox for cosmetic applications is to reduce muscular contractions and therefore wrinkling in the area of the injected skin. Botox can take up to two weeks before you can see and feel its full effect. Once it takes effect, Botox stops the wrinkling in the skin where you previously needed to move your muscles. So, Botox is used to treat dynamic wrinkles. In most cases, Botox is used in the upper third of the face for areas such as frown lines, forehead lines and crows feet. Results can last anywhere from 6 to 12 months and with repeated treatments, one's results can last even longer as the muscles are perpetually relaxed. And, while Botox may stop a muscle from contracting, which creates smoother looking, relaxed skin, it does not get rid of existing deep lines and wrinkles. These lines and wrinkles appear on one's face despite not contracting any facial muscles- these lines and wrinkles are there even when fast asleep; here is where dermal fillers come in.

Dermal Fillers, such as Restylane, are a clear gel that contains Hyaluronic Acid (a non-animal stabilized hyaluroic acid). Restylane is Dr. M. W. Elmaraghy's filler of choice at Rejuvenate Medical Spa. Hyaluronic acid contained in dermal fillers are also naturally occurring in one's body. It is a component found in our own skin, helping to maintain the skin's firmness and hydration while contouring our facial features. Hyaluronic acid attracts and binds to water, (holding 1000x its weight in water) which is the main reason it is used to add volume to those deeper lines and restore volume to areas needing contouring. Restylane can be used on areas such as cheeks, laugh lines, hollows under the eyes, lips, chin and jawline. Dermal fillers are then used in areas that need to be plumped up, often because of the loss in facial volume that naturally occurs as we age. Again, fillers help to both correct deep static wrinkles and hollowing out of facial volume. Unlike Botox, dermal fillers provide an immediate result, where in under an hour clients leave with restored facial volume that had been lost over the years.

Today, botox and restylane are used at Rejuvenate Medical Spa to achieve a Rejuvalift. The Rejuvalift combines the best of both worlds: Botox + Restylane. This one to two hour treatment provides clients with a non-surgical face lift and helps our clients look and feel their very best. Without question, your friends, family and colleagues will pay compliment to how refreshed and rejuvenated you look – yet no one will know your secret because of the limited or no downtime involved. In addition to a great skin care regiment including daily sunscreen, a Rejuvalift should be in everyone's anti-ageing arsenal.

Medical Director of Rejuvenate Medical Spa, Board Certified Plastic Surgeon Dr. M.W. Elmaraghy MD FRCS(C) and his specially trained staff of nurses and medical estheticians are available to speak to you about these exciting and innovative techniques in facial rejuvenation. To learn more about how a Rejuvalift, a non-surgical facelift using botox and fillers, can be tailored to suit your aesthetic goals, we welcome you to visit us at Rejuvenate Medical Spa today.